

QUALITY OF LIFE: FUNCTIONAL LIMITATION AND PSYCHOLOGICAL DISCOMFORT IN INDIVIDUALS WITH CLEFT LIP AND PALATE AND DENTOFACIAL DEFORMITY

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OBJECTIVE: To analyze the quality of life of individuals with dentofacial deformity (DDF) due to cleft lip and palate regarding functional limitation and psychological discomfort.

METHOD: Quantitative study, with the participation of 80 individuals older than 18 years, both genders, who were designated for surgical correction of DDF. The domains of quality of life were investigated approximately 3 days before surgery by OHIP-14 questionnaire, with questions 1 and 2 for analysis of functional limitation and questions 5 and 6 to check the psychological discomfort. Scores were assigned 0-4 for each question, where 0 was the best and 4 the worst condition, so in each domain, the highest would reach 8 points.

RESULTS: From the 80 questionnaires analyzed, the median scores assigned by patients concerning the domain functional limitation was 0.51, with a minimum value of 0 and a maximum of 2.53. For the domain psychological discomfort, the median was 0.55 with a minimum value of 0 and a maximum of 4.00. **CONCLUSION:** The quality of life concerning the functional limitation and psychological discomfort domains, with scores below 1, indicated that there was little DDF interference in those aspects.

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