

DOUBTS OF THE CAREGIVERS OF CHILDREN WITH CLEFT LIP/PALATE ABOUT THE POSTOPERATIVE CARE OF CHEILOPLASTY AND PALATOPLASTY

Trettene AS***, Maximiano TO, Luiz AG, Tabaquim MLM,
RAZERA APR***

Enfermagem, Hospital de Reabilitação de Anomalias Craniofaciais - HRAC-USP,
Bauru/SP

OBJECTIVE: To identify the main doubts of caregivers of children with cleft lip and palate about the postoperative care of cheiloplasty and palatoplasty surgeries. **METHOD:** Cross-sectional descriptive study with a quantitative approach performed in the inpatient unit of the Hospital for Rehabilitation of Craniofacial Anomalies. The population consisted of caregivers of children with cleft lip and palate submitted to cheiloplasty or palatoplasty. The sample consisted of 50 consecutive people, 25 caregivers of children submitted to cheiloplasty and 25 submitted to palatoplasty, who were hospitalized for these surgeries. Data collection occurred during the preoperative nursing consultation and doubts were categorized by similarity. Data were subjected to descriptive statistical analysis. **RESULTS:** Regarding the cheiloplasty, doubts were about feeding (36%), cleaning and healing (24% each), pain and infection (8% each). Regarding the palatoplasty, doubts were about the feeding (48%), cleaning (24%), pain (16%), bleeding (8%) and infection (4%). **CONCLUSIONS:** The prevailing doubts were about nutrition, hygiene and prevention of postoperative complications, including pain, bleeding and infection. This shows the need to emphasize the educational function of the nurse, through the promotion of clarification and adequate communication about the postoperative care.